



Visions Eye Care & Vision Therapy Center ✧ 106 W 69th Street ✧ Sioux Falls, SD ✧ 605-274-6717



Was Slightly Below Grade Level, Now Reading Above Grade Level – Thanks to Vision Therapy

“Aaden struggled with reading for the last 3 years. Each year during back to school, I talked with his teacher about his issues remembering words he had just sounded out and keeping letters (b,d,p,q) straight. We had his vision checked repeatedly, but were told he has 20/20 vision.

Everyone told me that he was a smart kid but just wasn't that interested in reading. I continued to believe that. However, during the fall of 3rd grade, I decided to hire a tutor, Emily. I wanted her to test him for a disorder; he was falling further and further behind where he was supposed to be. After several weeks, she said that she believed he had a convergence issue and referred us to an eye doctor to have it checked out.

Emily was right, and the eye doctor she referred us to told us our options of prism glasses or attending vision therapy at Visions. Following our visit to Visions, we knew therapy was the right option for us. We started therapy in February 2018. **Aaden was scoring slightly below state requirements for 3rd grade reading.**”

After completing vision therapy: **“Aaden's reading scores improved, and not just a little bit. He went from being under the state requirement to being 10-15% above it by May. We also saw math scores improve as his comprehension improved for story problems.**

...Listening to him read, he has better fluency and comprehension of what he's reading. He no longer argues about reading the required 20-30 minutes a day and he will even volunteer to read to his younger brother.

...Aaden has learned persistence when things are hard and confidence in his ability to read. **I know that he's going to enter 4th grade with these skills and that our school year reading won't be the struggle that it has been.** Thank you for everything.”

~ Aaden's mom

Hidden Concussions Can Cause Reading Challenges

Back in school means back to school sports. This can also mean back to head injuries, so we thought you might appreciate some information about hidden concussions.

Did you know 85% of concussions go undiagnosed? This happens because you don't have to lose consciousness to have a concussion, so most players will experience a blow to the head and get right back into the game. However, repeated blows to the head can accumulate and cause just as much damage as a concussion.

When someone has a head injury they typically have vision problems. When a vision problem is causing (or contributing to) a problem with reading, balance or movement, the recovery process will move very slowly until the visual component is treated.

Keep in mind, sometimes symptoms of a concussion might not even appear for days, even weeks after the accident. Additionally, some symptoms might disappear after time, such as eye pain or headaches, and yet other symptoms remain, i.e., blurred or doubled vision.

Vision therapy is very effective at eliminating blurry and/or double vision, focusing problems, poor concentration, and reduced comprehension, to name a few, when they are due to a vision problem. **The good news is that the most of these vision problems are fully treatable. Schedule an appointment today! 605-271-7100**

The **5** most common signs that a vision problem may be interfering with your student's ability to read and learn are:

1. Skips lines, rereads lines
2. Poor reading comprehension
3. Homework takes much longer than it should
4. Reverses letters like "b" into "d" when reading
5. Short attention span with reading and schoolwork





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Exciting News: Say Goodbye to Dry Eye

Common symptoms of dry eye include dryness, grittiness, soreness, irritation, burning, fluctuating, blurred vision and eye fatigue. These symptoms can hinder people's daily activities such as reading, using the computer, wearing contact lenses and being outdoors on windy days. Many dry eye patients complain those symptoms worsen throughout the day.

We are proud to be one of the few offices in Sioux Falls to offer a new, non-drug treatment, which addresses the root cause of dry eye by unblocking the glands that secrete oily lipids and returning the eye back to its normal function.

Here is what some of our patients have said after receiving the Lipiflow treatment:

"Not only are my eyes feeling better, but I am seeing so much better. I am so glad I invested in my vision now and for the future."

"I used to put artificial tears (AT) in every couple of hours. Since the treatment, I only need to use AT once or twice a day, and a lot of days I don't use any drops at all."

"Before the treatment, in addition to my eyes feeling dry, they were always red, and it got worse as the day went on. After treatment, my eyes look much whiter in addition to feeling better."

"My eyes feel much better and I am getting fewer headaches since the procedure because my eyes aren't straining as much to see at the end of the day."

"My vision is much clearer and my eyes feel a lot better, especially at the end of the day. I am able to see much better with my glasses since doing the treatment."

Computer Users:

Are you wearing special computer glasses?

Research continues to discover the dangers of blue light on our health. In many cases it is more of a cumulative effect, so it can be hard to realize that too much time on computers, smart phones and tablets can be harmful.



We have a variety of options to help you protect you and your family from harmful blue light rays. Please be sure to let the doctor know how much time you spend working on the computer, etc., as well as what the distance is from the computer monitor to your eyes.

**NEW
LOCATION,
COMING SOON!**



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